



January 9, 2023

To: BRSD Families

From: Dr. Rita Marler, Superintendent of Schools

Happy New Year!

I hope your family enjoyed the break and your new year has gotten off to a good start. We ended December with some very cold, blustery days and are grateful to return under better weather conditions.

Semester One is wrapping up

Schools are gearing up again quickly. Especially at the high school level, where the semester is coming to an end and diploma exams are starting soon. We're confident that students will receive the support they need to be well prepared, but also know that both students and teachers want to make the most of every moment in the coming days. You've got this!

Wellness

A new year is exciting and so is a new semester. But change can also be challenging and, combined with these dark days of winter, this is a time of year when many of us feel "out of sorts".

School teams do their best to help ensure students who are struggling have access to the resources they need. If you are worried about your children's wellbeing, please don't hesitate to reach out to their school for support. There are skilled counsellors available to help and also community resource referrals that can be made if needed.

Take good care everyone. Have a great month!

Dr. Rita Marler