

Tracy Beattie – Principal/directrice

## Principal's Message

With the warm weather that we are currently experiencing, it is hard to believe that December has arrived and our Christmas break is just over a week away. Students and staff are looking forward to the upcoming break and although activities in the building are much different than other years, the excitement of the holidays is filling the school.

Thank you to all of our families that have returned their permission forms, enabling their child(ren) to be part of our Christmas concert video this year. All of our classes are busy preparing their contribution whether that involves a performance, art work or both. Links will be sent out to all our École Sifton School families on December 13 and will be available until January 3rd. Thank you to all of our staff and students for their contributions to the concert. It is great to still be able to join together and provide a concert for our families.

Students and staff were very fortunate to be able to participate in the virtual Book Fair this year. Thank you to Mrs. Grant for organizing this opportunity for our students. In addition to families purchasing books for their own use, the fair also provides additional resources for our school library. Thank you to everyone who took this opportunity and supported our learning commons.

As is often the case at this time of year, we have accumulated many articles of clothing in our lost and found. We will be putting these items out for students to view during the last week of school and will post a video of the items on the website for parents to see. If you notice something on the video that looks like it belongs to your child(ren) or if you are missing some specific items at home, please remind your son/daughter to claim it from the lost and found items.

Thank you to all of our parents that have accessed their students' marks on PowerSchool parent portal and have taken the time to provide us with valuable feedback. One of the drawbacks of this program is that it is showing percentages for our students. We ask that parents please ignore this information as it does not give an accurate reflection of your son/daughter's achievement. This is a function that we cannot turn off. Since all of our information for students is recorded by a level, the percentage that the program tries to calculate with these levels is meaningless. Please do not hesitate to contact us if you have any questions regarding access or the information in the parent portal.

Our staff social committee has planned a special surprise for our students and families. If you are picking up your son/daughter next Wednesday, Thursday or Friday after school watch for us!!! We look forward to seeing you then!!!

On behalf of the staff of École Sifton School, I would like to wish all of our students and their families a very relaxing and enjoyable break. Merry Christmas and wishing you all the best in 2022!!!





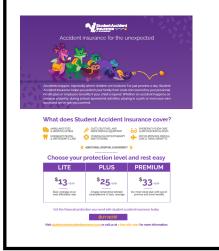
## Library News

Thank you to everyone for supporting our virtual book fair. We sold 138 books! The books were sent home this week with students.



BRSD provides Blanket Student Accident Insurance for our students. For more information or if you are interested in purchasing additional accident coverage for your student please go to

https://www.brsd.ab.ca/families/studentinsurance



Reminder that all students need a clean pair of INDOOR shoes for school. This assists with keeping our halls and rooms clean.



## **Important Dates**

December 17 - Last Day of Classes in 2021

December 18 - January 2 Winter Break

January 3 - First Day of Classes in 2022

January 6 - Early Dismissal at 2:15

February 3 - Early Dismissal at 2:15



Please Remember to send a water bottle to school with your child every day. The drinking fountains are still closed but the water bottle filling stations are open!



Kindergarten /Maternelle Friday's December 10—Tuesday/Thursday Class January 7—Tuesday/Thursday Class January 21—Tuesday/Thursday Class January 28—Monday/Wednesday Class February 4—Monday/Wednesday Class

























Camrose Police Service first started their School Resource Officer (S.R.O.) Program in 1996. The main goal of the S.R.O. program is to maintain safety and build healthy relationships with students, teachers, and parents in all 10 schools in Camrose.

Camrose Police Service has the pleasure of



(C.O.R.E. Facilitator)

introducing our new C.O.R.E. Facilitators. These Police Officers have been specially trained to deliver the C.O.R.E. Program to the grade 3 and 6 students in Camrose. They will be spending time in uniform at various classrooms throughout the city of Camrose, teaching youth how to strengthen their 'core' so they can better serve the community. The C.O.R.E. Program was developed by Camrose Police Service with careful research and consideration into what the youth of Camrose need in order to succeed as heathy members of our community. The main focus of the program is to create strong, resilient youth who are committed to staying strong and healthy at their 'core' which includes their body, mind, and spirit. Students focus on four main areas of their lives that create the acronym C.O.R.E.



Cst. Steve OFRIM (C.O.R.E. Facilitator)

Caring for their body, mind and spirit in healthy ways.

Online safety and integrity.

Relationship with themselves (mental health), and others built on trust and respect.

Establishing and exploring their boundaries or healthy decision making.



Cst. John FERNHOUT (S.R.O. 2021-2022)

Each C.O.R.E Facilitator will teach seven lessons with a C.O.R.E. class at the grade three or six level. Each C.O.R.E. lesson will follow the 7 C's of the C.O.R.E. program which include cheers, cobrachicken facts, check-ins, and cheesy chuckles. Students fill out a C.O.R.E. booklet and receive a C.O.R.E. certificate and prizes for participating in the C.O.R.E. Program. If you're not quite sure what a cobrachicken is, we encourage you to speak to your child about the program. For more information about the S.R.O. or C.O.R.E. program please contact Cst. Fernhout or Cst. Bennefield at the Camrose Police Service. (780.672.4444).



## Addiction & Mental Health News

#### December 2021

#### The Parent-Child Connection

Connection is our ability to understand what matters to another, respond to their needs, and express our own.

A strong parent-child connection can help lead to better outcomes for children. It takes hard work and persistence, but builds the foundation for every interaction you have.

Connecting with your child motivates positive behavior and helps regulate big" emotions.

How To Creatively Build **Connections in your Family** 

Grow your relationship and get to know each other better!

Have more conversations and use new ideas to start them.

Visit the Search Institute for free downloadable cards:

https://keepconnected.searchinstitute. org/free-downloads/

#### **Connect During the Holidays**

Curl up together as a family and watch a favorite holiday movie.

Make holiday crafts together.

Talk about family traditions.

Plan and cook a meal together as a family.

### Every Day Ways to Connect with your kids

Even the simple stuff counts!

Go for a walk one-on-one with your child.

Join in their play and let them lead. Have your child read you a story. Tell each other jokes.

### MORE RESOURCES

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https://parentingnow.ca/articles/conne ction-matters/

Keep Connected (searchinstitute.org)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line 1-866-332-2322 Mental Health Help Line 1-877-303-2642

811









# *December Events 780-672-9949*

## recreation@camrose.ca

CHUCK MACLEAN ARTS CENTRE | www.camrose.ca

Twelve Days of Christmas Photo Contest

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Adult and Youth Christmas Crafts

Winter Adventure Camp

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New Years Eve Day Toboggan Party

Check out www.camrose.ca for more information and contest details!

Camrose