



Tracy Beattie – Principal/directrice

Carroll Glidden – Assistant Principal/directrice adjointe

Principal's Message

We hope that all of our students and families have had a successful first week of remote learning. It has been great to visit our classes in their Google Meets and to check out their Google Classrooms to see the engaging work that they have been involved in. We have appreciated all the supportive feedback that we have had from our families and are really looking forward to the return of all of our students after the long weekend.

In addition to meeting with their teachers and educational assistants for instruction or check-ins through Google Meets, BRSD's Mental Health Capacity Building team has also provided weekly Wellness Activity for all of our students to attend. These sessions provided some great wellness tips and activities for students and were enjoyed by everyone in attendance. Mr. Javan is also meeting with many of our individual classes to provide wellness support, including working with our grade five class as they transition to a new school in the fall. It was great to see the engagement from this class as they discussed positive ways to deal with many of the questions they have about beginning grade six in a new school. We are very appreciative of the support that we receive from Mr. Javan and the Mental Health Capacity Building team.

BRSD has announced some changes regarding how At Home Learning will be delivered for the coming school year. Any students in grades 1 - 9 who want to learn from home in September will no longer register with their designated school but rather will enroll directly with the Battle River Alternative Centre for Education (BRACE). This program will be an online program, no paper delivery will be available. In addition there will not be an online program available for Kindergarten or for French Immersion. Students in these programs will register in their designated school or one of the schools offering French Immersion. If you have any questions regarding this upcoming program change, or require additional information, please contact us at the office.

We are pleased to announce that we will be offering a morning and afternoon Early Learning/PUF program for three and four year olds at our school in the fall. Applications for this program are available on the [BRSD website](#) and must be submitted for students to be considered for this program. Children that apply and are accepted as part of our Community Pals program option will have access to 400 hours of instruction. Please contact us at the school if you require any additional information.

Over the next week, Mrs. Glidden and I will be meeting with Human Resources to finalize our staffing for the coming school year. We are expecting to have staffing assignments in place in the next few weeks. As we plan for the coming school year, teachers are preparing students for a successful transition either between grades or for our grade five students, to a new school. Plans for year end celebrations for our students, including our grade five farewell, are also underway. More details will be available in the coming weeks. In addition we are pleased to let families know that they are now able to order their 2020-2021 [yearbook](#). We are in the process of designing the yearbook and they will be available in the fall. Only 120 yearbooks are available, preorder soon to avoid disappointment.

We hope that all of our students, staff and their families have a relaxing long weekend. Hopefully our weather will improve by then and everyone will have a chance to enjoy some outside family activities. We are looking forward to seeing all of our students in person next week

2020-2021 Yearbook



Pre-order a 2020-2021 Sifton Yearbook for \$20. Available for pick up in the fall. If it is your first time ordering on our website please contact the school for your child's student number. Only 120 available order soon to avoid disappointment.

BOTTLES FOR SIFTON!



Bring your empties to the Universal Bottle Depot in Camrose and ask for the proceeds to go to Sifton School. It's that easy!

Funds will be invested in our kids through purchases like new document cameras and musical instruments.



Enroll Today!
Please contact BRSD to learn more about our programs and to submit an application for your child! 780-672-6131

Our Vision
Our early learning programs foster positive relationships and strong, confident learners! Your child will have a head start with:
-Early Literacy and Numeracy
-Physical Skills and Wellbeing
-Citizenship and Community
-Personal and Social Development



Preschool at Battle River School Division
Come Grow With Us!



VOLUME 19 • MAY 2021

Safe, Calm, Connected

MHCB WELLNESS PACK

MONTHLY WELLNESS ACTIVITIES FOR KINDERGARTEN - GRADE 2 STUDENTS AND THEIR FAMILIES

CHANGE AND GROWTH

We all know that change is a part of life. Even welcome changes and change that we're excited about can make us feel uncomfortable sometimes. That's normal! In this month's Pack, we work on seeing change as a chance to grow and become more resilient and ways.

TAKE A PEEK!

TAKE A BREAK TO MOVE AHEAD

TASTE TEST

SIMPLE, FREE RAK

MINDFULNESS MADE EASY

Move YOUR BODY

Move your body every day to improve your mental and physical well-being. The key is to make movement fun and try activities that you enjoy.

What is your family's favourite way to connect and get active together?

Interested in more ideas on how to create positive connections and build a healthy family? Join the **Move Your Mood June Family Challenge** Register in May at www.sarceducare.ca

Everything gets better when you move your body. www.participation.com

This FREE Family Challenge is open to all families! Complete fun challenges together for a chance to win a prize!
See the poster below for more information!



Important Dates

May 24 - School Closed for Victoria Day

May 25 - Students Return to In School Learning

Remember to complete the [Daily Checklist](#)

May 28 - M/W Kindergarten

Jun 3 - Early Dismissal at 2:05

Jun 4 - No School for Students - Planning Day

Jun 16 - Last Day for M/W Kindergarten

Jun 17 - Last Day for T/Th Kindergarten

Jun 25 - Last Day for Early Learning Preschool

Jun 29 - Last Day for Students Grade 1-5

Jun 30 - Last Operational Day

Aug 30 - School Office Opens

Sept 7 - First Day for Students in the 2021/2022



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MONTHLY WELLNESS ACTIVITIES FOR GRADE 3 - 4 STUDENTS AND THEIR FAMILIES

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TAKE A PEEK!

TIME IN A DIFFERENT SPACE

HOW TO EAT MORE MINDFULLY

SIMPLE, FREE RAK

MINDFULNESS MADE EASY

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MHCB WELLNESS PACK

MONTHLY WELLNESS ACTIVITIES FOR GRADE 5 - 6 STUDENTS AND THEIR FAMILIES

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TAKE A PEEK!

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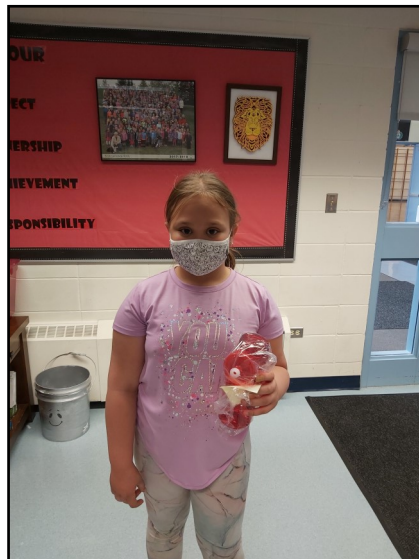
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ROAR Draw Winners from April



Respect
Ownership
Achievement
Responsibility





If you recognize any of your child's items in these photos please ask them to pick them up from the lost and found. Thank you!



PRACTICE
Mindfulness

Practicing mindfulness together can help build your family's connection with each other.

Need help to calm a busy mind? Try this simple strategy to tune into your surroundings using your 5 senses. Look around you, what do you see, hear, smell, taste, feel?

Mental Health Tip

MOVE YOUR BODY

Move your body every day to improve your mental and physical well-being. The key is to make movement fun and try some ideas that you enjoy.

What is your family's favourite way to connect and get active together?

Mental Health Tip

FUEL YOUR BODY

Did you know that what you eat and drink affects how you feel? We know that it helps your body grow and stay strong, but it's also good for your brain.

Make a family goal to focus on drinking water to hydrate your body and keep your brain fuelled and engaged.

Mental Health Tip



Build ASSETS

Did you know there are many things you can do to help your kids grow up great? A simple way to build assets and model kindness is to tell your kids why they matter to you.

Talk together about how being kind makes you feel great! Kindness can reduce stress, fill your heart with joy, and assist you in feeling more helpful and hopeful.

Mental Health Tip

Interested in more ideas on how to create positive connections and build a healthy family? Join us for the **Move Your Mood June Family Challenge** begins in May at www.sport-edmonton.ca

Everything gets better when you move your body. www.parkland.ca/mom

EXPAND YOUR MIND

Did you know that being creative, dancing, and listening to music are simple ways for you or family to boost their mental well-being and release "feel good" chemicals in their brains?

Take time to expand your mind today. Be kind to yourself and others, have a great laugh, turn up the music and dance like no one is watching.

Mental Health Tip

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-888-332-9322
Mental Health Help Line
1-877-303-2642



PRESCHOOL AT BATTLE RIVER SCHOOL DIVISION

Enroll Today!

Contact BRSD to learn more about our programs and to obtain an application for your child!
780-672-6131



Locations!

Programs will be offered at CW Sears in Tofield as well as in select schools in Camrose.

We would love to celebrate your child's strengths with you!



WHY REGISTER?

Our programs foster an enthusiasm for learning, encourage social interaction and independence, and promote inquiry through play-based learning opportunities.

Our priority is to ensure that all children experience success and have their individual needs met through quality learning experiences!





International Student Program is recruiting Host Families!

Battle River receives international students from over 8 different countries. We believe that promoting and fostering global citizenship is an important component in a well rounded education and we believe that students from other countries bring richness and diversity to our schools.

Battle River School Division has a small international program, hosting between 30-40 students per year. Our smaller numbers allow us to create personalized programming for our students. Students get many supports from the school and the community. Since we are doing such a great job, our program is growing!

With more students coming, we need additional caring families to host these students.

Want to be a Host Family?

Host families who welcome international students into their home:

- Grow their understanding of the world and its peoples
 - Make life-long friendships
- Get to share the beauty of their home and community
- Ensure their local economy benefits from the booming international education industry
 - Receive a generous allowance to offset expenses

Please contact:

Gail Rombough, Relationship Manager

Phone: 780-781-0615 Email: homestay@brsd.ab.ca

Visit Our Website



Late French Immersion at ÉCKS

Parent and Student Information Package

What is Late French Immersion?

Late French Immersion is a proven program designed for students who want to learn to speak, read and write French to a high degree, but who did not begin the program in Kindergarten or Grade 1. In BRSD, students who take Late French Immersion begin learning French in Grade 6.

Who should take Late French Immersion?

Late French Immersion is designed for students:

- Whose first language is not French
 - Parents do not need to speak French for students to join Late French Immersion
 - For over 90% of students currently in French Immersion, neither parent speaks French.
- Who want to develop the ability to speak, read, write and understand French to a high degree.
- Who have good work habits, who are motivated to learn and who want to be successful
- Who want to be in a small class. Our current Late French Immersion class has 15 students

What are the benefits to learning French?

French is the second official language of Canada. Students who take Late French Immersion will develop enhanced study, communication and listening skills. Students who understand a second language have increased educational and employment opportunities after graduating. Students will also have better access to other cultures through study and travel.

Quality Instruction

Our teacher, Mme Aaron Cammack ensures that all students receive a quality education while also developing their language skills. Mme Cammack creates a positive classroom environment where students are comfortable taking the risks necessary to learn a second language.

